

Primary Schools

Swimming Information Pack

Welcome to Brockworth Sports Centre.

Below are outlined details concerning our Primary School Swimming Lessons programme. Set out are the guidelines and regulations that your Primary School are required to adhere to, and expectations for your school and the responsibilities of Brockworth Sports Centre.

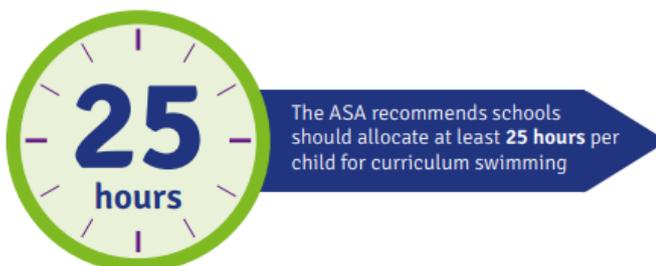
If you have any further queries please do not hesitate to contact **Mark Johns** (Sports Centre Manager) via email at mjohns@henleybankhighschool.co.uk or **01452 864796**.

What does the National Curriculum require according to Swim England

Recent changes to the curriculum now require's all school to publicly publish children's swimming ability.

The National curriculum requirements for swimming and water safety are:

- Perform **safe self-rescue** in different water-based situations
- Swim competently, confidently and proficiently over a distance of **at least 25 metres**
- **Use a range of strokes** effectively, for example, front crawl, backstroke and breaststroke.



Ratio's - children to Swim Teacher

We operate under strict ratio's set by the national governing body (Swim England). These ratio's are as follows:

Year Group	Maximum number of children per Swim Teacher
Reception class	10 children
Year 1	12 children
Year 2	12 children
Year 3	12 children
Year 4	15 children
Year 5	15 children
Year 6	15 children

Any mixed aged classes that contains a child from the year 3 and below will run at a **maximum of 12 per Swim Teacher**.

Therefore, we recommend having **2 Swim Teachers per school swim slot** to ensure you maximise use of the pool and we can effectively split into 2 groups based on water confident and ability, so the children can get the most from the session.

We actively encourage schools to bring as many **swim helpers** as possible (don't need to be swim teacher qualified) to assist in the water with reception and years 1, 2 and 3 - this will help enhance the swimming lesson experience for the children, and support with the development of their swimming ability. Please note, that any helpers in the water will not count towards the ratio's set out above.

School Swimming slots

We offer a number of School Swimming slots – generally for 1-hour at a time – around use of the facilities by Henley Bank High School and our public swim programme.

Slots availability varies per term around usage highlighted above, and other school bookings, so to avoid disappointment we suggest enquiring and booking at **least 6-months ahead**.

Current slots are:

9:05-10am, 10-11am, 11:15am-12.10pm, 12:10-1:10pm and 1:45-2:45pm

All enquiries should be made to **Mark Johns** (Sports Centre Manager) via email at mjohns@henleybankhighschool.co.uk

Costs

Your school will be invoiced at the end of each month for the use of our facilities and Swim Teacher coaching: (fees until 31st March 2020)

Cost to hire the pool for 1 hour - **£45**

Cost per Swim Teacher per 1 hour - **£30**

Therefore, for a 1 hour slot with 2 Swim Teachers is **£105**

Booking and Confirmation

All bookings must be made **via email** to the Sports Centre Manager at mjohns@henleybankhighschool.co.uk.

A **Hire Agreement form** will need to be completed and all details in relation to the booking confirmed in your email.

A confirmation email and letter will be sent with the full details agreed – **Dates** (with any exceptions – i.e. half-term), **Time slot, number of Child Attending, School Year** and **number of Swim Teachers required**.

Changing Rooms and 'holding' facilities

The Sports Centre has Male and Female wet side changing rooms with toilets and shower facilities. Your school will have exclusive use of these areas as part of your booking. However, please note, there can occasional be a little change over time in use from public swim sessions to school swim times. The changing rooms lead directly out onto poolside. An hour booking is inclusive of changing and setting up time, so we suggest **arriving 5-10 minutes before the start of your session** to get the children in safely, settled and changed. The Sports Centre also has a lounge area which schools can utilise as a safe 'holding' area for children waiting for their lesson. **You have exclusive use of the changing rooms, lounge and pool during your visit**. This is in place to meet any safeguarding requirements, but if you need any further assist please discuss with the Sports Centre Manager (in advance of your visit).



Things to note before you attend

- Please ensure your coach driver **uses the Sports Centre entrance and car park** (it's the 2nd turning/entrance from the Shurdington Road end of Mill Lane). The gates will be closed so please use the intercom to gain entrance
- Your school sessions will run in line with our **Normal Operating Procedures (NOP's)** and **Emergency Action Plan (EAP)**. In the event of an emergency, i.e. fire alarms, the Sports Centre team will take full charge of the situation
- A **school teacher** must be present on poolside at all times during the swimming lesson
- Our swimming pool is **1 metre deep** at the shallow end and gradually progresses to **3 metres** at the deep end
- **No outdoor shoes** are to be worn into the changing area or onto poolside

- **All children** (and helpers) **are to shower before they enter the pool**
- If your school needs to **exit the pool before the scheduled end of the session**, please let the Swim Teacher know before the lesson commences
- Please also make the Swim Teacher aware of **any medication or behavioural considerations** before the start of the lesson
- We encourage children to **wear swimming goggles** however, they must not be shared and they must not cover the nose, i.e. a facemask
- **No jewellery** may be worn during a swimming lesson, it is the responsibility of the school to make sure this applies to all children involved. Children who attend lessons with earrings etc do so at their own risk
- Any children with **long hair must be tied back** or preferably a swim hat to be worn
- Children should NOT use the pool if they have **experienced sickness and diarrhoea in the past 24 hours**
- **Non-swimmers who are out of their depth must wear arm bands** at all times. Refusal to do this will result in the child being removed from the lesson
- We cannot guarantee the same Swim Teacher each week, but all our Swim Teachers are Level 2 qualified
- Please ensure that the changing rooms and lounge area are left **clean and tidy**, placing all rubbish in the bins provided, and all personal items have been removed
- Please refer to the **Hire Agreement form** for other details including our cancellation policy
- Brockworth Sports Centre team hold the right to **remove children from lessons** and have the right to refuse further entry if deemed appropriate at the time

We look forward to welcoming you for your swimming lessons.

If you have any other questions please don't hesitate to contact us on:

Contact: **Mark Johns** (Sports Centre Manager)

Telephone: **01452 864796**

Email: mjohns@henleybankhighschool.co.uk

Regards,

A handwritten signature in black ink, appearing to be 'M. Johns', with a long horizontal stroke extending to the right.

MARK JOHNS

Sports Centre Manager